



Recommendations for Nannies Returning to Work in Response to COVID-19

1. Conduct daily health checks: do not show-up at work if you are not feeling well or experiencing fever, cough, fatigue.
2. Conduct a hazard assessment of the workplace: clean surfaces regularly with sanitizing agents such as disinfecting wipes or spray.
3. To protect yourself and your charges, have your face covered with a cloth facial mask and ask your employers to wear a cloth facial mask while together inside the home.
 - a. Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.
 - b. If you are in a private setting and do not have on your cloth face covering, remember to always cover your mouth and nose with a tissue or use the inside of your elbow when you cough or sneeze.
 - i. Throw used tissues in the trash immediately.
 - ii. Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.
4. Avoid unnecessary close contact and wash your hands thoroughly with soap for at least 20 seconds every hour or more often if necessary, starting with immediately upon arrival to the home. Consider bringing lotion for your own comfort!
5. Remove your shoes upon arrival to the home. If you visited anywhere before coming to the home (e.g. the grocery store), consider bringing another set of clothes to change into when you arrive to the home.
6. Improve the air quality inside your workplace: allow fresh air into the home by opening windows daily.
7. Minimize your risk of exposure to Covid-19: keep social distance outside your home and workplace and encourage your employer to do the same.